

Food Allergies and Dietary Restrictions

If an individual is allergic to some food products or requires a special diet, some suitable food may need to be purchased and brought by the individual to camp. Package each meal separately and write the person's name and troop number on each package. Upon arrival at camp, give the food to the dining hall staff. There is no fee reduction for individuals who bring their own food. Appropriate substitutions may be arranged for meals served in the dining hall by submitting a this form **by May 1st**. Food substitutions should be only for medical or religious reasons.

Name : _____ Week _____ Unit: _____ Campsite: _____

<i>Medical Restriction</i>	<i>Religious Restriction</i>	<i>Food Allergy</i>
<input type="checkbox"/> Diabetic <input type="checkbox"/> Lactose Free/ Non-Dairy <input type="checkbox"/> Gluten Free <input type="checkbox"/> Vegetarian Other _____	<input type="checkbox"/> Buddhist <input type="checkbox"/> Hindu <input type="checkbox"/> Jewish <input type="checkbox"/> Muslim Other _____	<input type="checkbox"/> Milk <input type="checkbox"/> Eggs <input type="checkbox"/> Peanuts/Tee Nuts <input type="checkbox"/> Wheat Other _____

Special Instructions

Parent/Guardian Signature

Date

Unit Leader Signature



Return this form by May 1st

East Carolina Council

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